



## Apparel and Team Gear Information

### What do I need to order?

*If you purchased t-shirts, shorts, and a travel bag last year, you do not have to purchase these items again.*

1. Two practice t-shirts with print.
2. Two practice shorts.
3. Travel bag embroidered with wrestler's name.
4. Additional optional apparel items.

### What do you need to purchase on your own?

1. One knee pad (required this year).
2. Wrestling shoes
3. Headgear
4. White dress shirts for meet days.
5. Khakis or pants for meet days (jeans are NOT okay).
6. Tie for game days.
7. Mouth guard if you have braces.

### What does the school provide?

1. Warm up jacket
2. Warm up pants
3. Singlet